

Halton FASD Case Conference Process

Do you have a child, youth or adult (birth to 25) on your caseload or in your practice who has been diagnosed or is suspected as having an FASD? Do you feel like this person would benefit from the people in their life understanding their diagnoses and or challenges better?

Halton FASD Resource Team

The FASD Resource team offers case conferences to individuals who provide care or services to children, youth, and adults (birth to 25 years) affected by FASD in Halton Region. The Resource team is composed of professionals from various disciplines and across sectors. A minimum of two members from the resource team will facilitate the case conference with your support team.

What are the goals of the case conference?

The goal of a case conference is to provide the most current practice philosophy and principles in the field of FASD and to apply this knowledge specifically to the work being done to support the child, youth or adult you are working with. These case conferences may assist with:

- a better understanding of the needs of individuals living with FASD,
- shared beliefs and priorities
- coaching with a FASD perspective
- expanding skills and knowledge within the family's circle of support

Who should attend the case conference?

Invite caregivers and professionals directly involved with the child, youth or adult with FASD. **The individuals(with FASD) are not to attend.**

How to refer?

- **Obtain consent from the family to disclose written and verbal information to the Halton FASD Resource Team** (Please see attached authorization for the release of information)
- Obtain copies of any previous assessments or reports from psychologists, clinicians or schools (including current IEP).
- Referral forms and instructions can be found at haltonfasd.ca
- The referring person is responsible for inviting the family and support team and securing a location within your family's municipality for the case conference. Schools or community agencies are ideal.
- Conferences will be held once a month and are approximately 90 minutes in length.
- This is not an ongoing service. Families and agencies can re-refer for additional case conferences
- If there are any questions please contact Joanne Abrahams joanne.abrahams@halton.ca
- A member of the Halton FASD Resource Team will confirm the date and time of your case conference. Please note referrals are reviewed once a month.

Recommendations for a successful case conference:

- Designate someone from your team to record notes.
- We strongly recommend that a follow up meeting with your team is scheduled within 2 weeks of the case conference to debrief and discuss next steps.
- Consider further education back at your school or community agency. Presentations can be provided by the FASD Resource Team