Fetal Alcohol Spectrum Disorder

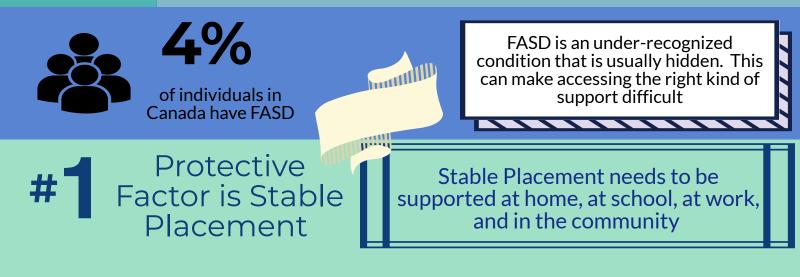
FASD stands for Fetal Alcohol Spectrum Disorder. It is a lifelong disability that affects the brain and body of people who were exposed to alcohol in the womb. Each person with FASD has both strengths and challenges and will need special supports to help them success with many different parts of their daily lives. (CanFASD, 2019)

Executive Functioning - difficulty with judging, planning, delaying gratification, planning, organizing, memory, outcomes

Commonly seen challenges

Adaptive Functioning - difficulty coping with common life demands (e.g. time, money, relationships, hygiene) and are able to meet standards of personal independence

Communication - individuals may be highly verbal, but lack comprehension skill both written and verbal



Social Skills

People with FASD want to be social and to have friends They may be vulnerable as they misread and misunderstand social interactions

Supervision and support are essential to successful relationships

Developmental Dysmaturity - What is this?

Developmental or Functional age is more important to consider than chronological age The gap between developmental and chronological age can be different in different areas

Matching expectations to developmental age is **critical** for success Individuals with FASD may need support to access services on their behalf. The goal is supported interdependence. *Getting help is good*

Tips to ensure your support is accessible to individuals with FASD

